



LAKEWOOD MIDDLE SCHOOL

WEEKLY CALENDAR

Monday, April 22ND

9:15am: Meadowlark Tours

Lunch: Orange chicken, savory brown rice, steamed broccoli, Asian sesame coleslaw, frozen lemon berry juice cup

3:30pm: JV Track @ Valley Center Leave Time: 12:45pm

Tuesday: April 23RD

9:15am: Heusner Tours

Lunch: Chicken nuggets, cheesy mashed potatoes, cauliflower, fresh strawberries, BBQ sauce

3:30pm: Tennis VS Valley Center @ The Midway Courts

6:00pm: Advanced Guitar Concert @ LMS Commons

Wednesday, April 24TH

7:05am: Building Belonging team – Staff Development Room

1:00pm: KCKCC Jazz Summit @ KC Leave Time: 12:45pm

9:15am: Oakdale Tours

Lunch: Beef Fiestada pizza, black beans, orange peppers, tropical fruit, sugar cookie

Thursday, April 25TH

9:15am: Cottonwood Tours

Lunch: Pigs in a blanket, oven roasted potato wedges, fresh baby carrots, strawberry raisins

3:30pm: Tennis VS Goddard @ The Midway Courts

Friday, April 26TH

Lunch: Mozzarella sticks, marinara sauce, peas, garden salad, fresh apple slices

10:00am: A/B 7/8th Grade Track @ Hays Leave Time: 6:00am

School News

- Congratulations to Adelaide Peterson for being recognized as our Renaissance Student of the Week. Adelaide is a very diligent student who goes out of her way to be welcoming to others. She stays on top of her work and always does the best that she can. Her polite nature and responsible personality make her a valuable source of leadership at LMS. Thank you for being a STaR (safe, teachable, and respectful) student Adelaide!

- Lakewood's Advanced Guitar concert will take place on Tuesday, April 23 at 6:00pm in the Lakewood commons.

Community Resources

Food/Commodities

*Salina Emergency Food Bank

- Food distribution times are **Monday – Friday from 1-2:45pm** and **Mondays from 5-6:45pm**.
- Individuals/families can access the food bank once every 7 days (only 3 times a month).
- Needed information:
 - Photo ID for anyone in the home 16 years and up.
 - Name, DOB, and SSN (SSN not mandatory, but preferred if available).
 - Proof of a Saline Co. Address (Utility bill, mail with name and address, lease)
 - There are no income guidelines to utilize this resource.
- The lobby is currently closed – Food bank staff are utilizing the front windows to communicate with individuals.
- Call 785-827-7111 for questions regarding food distribution, financial aid availability, etc.

Parenting Resources

- **CAPS Parenting Classes**
 - The Grief Recovery Method Wednesdays, March 6, 20, 27 and April 3, 10, 17, 24 and May 1 from 6:00-8:00. The Grief Recovery Method Support Group is an 8 week program that provides a safe environment, using evidence-based practices, for you to look at your old beliefs about dealing with loss, which losses have

affected your life and take actions that will lead you to complete unresolved emotions that may still be causing you pain.

- The Explosive Child Mondays, April 8, 15, 22 & 29 from 6:00-8:00. This class is based on the book of the same title by Dr. Ross Greene, PH.D and New York Times bestselling author. If your child lacks the skills to be flexible, handle frustration and solve problems, this class is for you.

Additional info:

- Classes are FREE to attend!
- Free childcare for children under 12 (pre-registration required).
- In-Person classes are held at the CAPS office, 155 N. Oakdale Ste. 200, Salina, KS.
- Times of classes and registration can be found at www.capsosalina.org/parenting-classes/

- **Autism Parent Support Group**

- 1st Tuesday of each month from 5:30-6:45
- OCCK office 1710 W. Schilling Rd. Salina, KS 785-827-9383
- Zoom or Teams link available if unable to attend in person!

- **1800children.org**

- 24/7 parent support. No question is too big or too small when it comes to parenting! Find helpful resources about food, housing, parenting, safety, and legal supports in Salina through this website, or by calling 1-800-CHILDREN. The support provided is free and confidential and available in multiple languages.

Other

- **Laundry Love**

- Quarters and laundry supplies are provided for those who need them to wash and dry their laundry.
 - April 16th from 5:00-9:00 at Speedy Wash Laundromat on Iron Ave.
 - April 27th from 9:00-1:00 at Missing Sock Laundromat on Ohio.
 - April 27th from 12:00-4:00 at Quick and Clean Laundromat on Crawford.

- **Transportation**

- Youth ages 7-18 will be able to purchase a Get On & Go Spring Youth Bus Pass for \$10. The pass will be good for unlimited rides on Salina CityGo from March 1st to May 31st. Youth must show the drivers their “Get On & Go” pass when they board the buses. Face masks and social distancing policies will be followed as needed.
- The Get On & Go Fall Bus Pass is available for purchase online at www.salinacitygo.com and Buy a Pass, with options for pick up. They will also be available at the OCCK Transportation office, 340 N. Santa Fe.

A SALINA FOOTBALL MOVEMENT

YOUTH AERIAL FOOTBALL

3RD-4TH GRADE // 5:45-6:30 PM

5TH-6TH GRADE // 6:45-7:30 PM



**NO COST...
JUST SHOW UP
SHOW OUT &
PLAY
YOUR
GAME**

ALERTS
WEATHER
TIME CHANGES
CANCELLATIONS

GET IN THE KNOW...

**TEXT TO: 81010
MESSAGE: @1springfb**

2 GAMES EACH NIGHT
AT SALINA STADIUM
APRIL 3 / APRIL 10 / APRIL 17 / APRIL 24



PRIDE

SUMMER STRENGTH & CONDITIONING

STARTS JUNE 3RD

Session 1: (9-12th) Salina Central Football Players & Male Athletes
6:00 AM - 8:00 AM

Session 2: (9-12th) HS Female Athletes
7:30 AM - 9:00 AM

Session 3: (6-8th) Middle School Males
9:30 AM - 11:00 AM

Session 4: (6-8th) Middle School Females
10:30 AM - 12:00 PM



SCAN QR CODE TO REGISTER



2024
MUSTANGCAMPS

7-12TH TEAM CAMP /// JULY 15 -18

JUNIOR MUSTANG MINI CAMP /// AUG 12 - AUG 15

FUTURES CAMP "NIGHT UNDER THE LIGHTS" /// AUG. 16



@SC_MUSTANGFB

**SCAN QR CODE
SIGN UP FOR YOUR CAMP**

- Pride and Football camp registration brochures are available in the LMS office.